

Hello I'm Shelagh and I'm interviewing Lorraine which is the first cafe in Central London I graduated from Southampton and I've been living in London since I came here

So I have three cafes now in London. I've got one in Camden one in Shoreditch and one in Fitzrovia, where we are now. And I am very busy cycling between the three cafes, making sure everything runs smoothly. My day is very diverse. It can involve marketing, media, HR, obviously running the service, menu development. People often think it must be so nice working with food all day but often food is just the malleable part of the day because the other things that you have to do as a small business owner.

I came to London because I was ready to spread my wings I guess. Having grown up in Australia, you do feel quite isolated from the rest of the world. And I could see that there were so many